



Feng Shui for Love

February is the month of love and what better time to focus some energy on revitalizing the bedroom? Your bedroom has huge significance in your life; it nourishes your personal energy and the energy of your special relationship. This room is directly connected to your self-image and your love relationship and when you balance the energy in your bedroom, you create an environment in which your self-esteem can improve and your love can grow. Whether you want to make improvements to your current relationship or start a new one, here are a few suggestions to get your love energy flowing.

Feng Shui Tools for Love

As discussed in both my book *In the Feng Shui Zone* and in the classes at Mount Royal College, there are some important fundamental Feng Shui tools for love.

- The first and most important change you should make is to create a bedroom whereby the space nourishes and supports you. Your bedroom should be luxurious, calm, uncluttered and simply gorgeous.
- Place your bed in the “command” position in your bedroom.
- Everything in the bedroom should be in pairs. The number 2 vibrates with the energy of love.
- Don’t sleep on a previously owned bed and never sleep on a bed from a previous relationship.
- The ideal size bed is a Queen size, whether you are in a relationship or not.
- Clear out under the bed – nothing should be stored underneath.
- Nightstands should be equal in size and not too big and this will ensure an equal partnership.
- You shouldn’t be able to see yourself in any mirror when you are lying on your bed.
- Get the computer, television, ironing board, answering machine etc. out of the Master bedroom.
- Make sure that electrical wires do not touch the bed and contaminate it (and you) with EMF energy.
- A skylight in the bedroom, while adding light to the room also causes insecurity. Cure: Hang a 30mm crystal in the inside of the skylight casing.
- An uneven shaped bedroom causes confusion and sleeping issues. Cure: Hang a 30mm crystal or windchime in the middle of the room to expand the energy out into the missing pieces of the bedroom.
- A fireplace in the bedroom can symbolically add energy that is too hot, explosive and crackling. This energy is chaotic and detrimental to the yin energy environment that we are trying to create in the bedroom. Fire energy can also ‘burn up’ the love energy in the room. Cure: Add water energy to the fireplace – e.g. mirrors, the colour black – and also place a silk plant in front of the fireplace to cover the opening.
- Make sure that the ensuite bathroom has a door that can be kept closed. The bedroom needs separation from the bathroom to encourage deep and refreshing sleep. Cure: Add a curtain if there is no door.
- If the entry door to your bedroom is directly opposite either the ensuite door or the walk-in closet door – you have an ‘arguing door’ situation and this energy causes arguments between partners. Cure: Hang the colour red on the offending doors (tassels are excellent in this situation and very attractive – remember any colour red will work so choose something that matches your bedroom decor).

Here are some additional ‘cures’ for this important space:

- Identify ‘poison arrow’ energy in the bedroom. Are there any beams in the bedroom, either over the bed or pointing at the bed? Cure: hang Feng Shui flutes at 45 degree angles on either side of the beam; or hang 30mm crystals on either side of the beam; or drape the beam with silk fabric.
- Another cause of ‘poison arrow’ energy is a wall corner that juts towards the bed. Cure: Hang a 30mm crystal in front of the pointing corner; or place a tall silk plant in front of it. Remember ‘poison arrow’ energy from both beams and wall corners causes health problems for the body part that the energy is bombarding.

Spend some time focusing on the entrance to this special and private space. Make sure there is no clutter outside the bedroom door entrance and that the bedroom door can open freely without banging into any furniture. Don’t hang things on the back of the bedroom door and make sure the door and hardware are in good repair and don’t stick. Any obstructions to the entrance of the bedroom represent ‘stuck’ love energy and the inability to move your love life forward.

Set a mental and spiritual intention for your ‘love’ energy this year – write an affirmation and a love goal. Make 2006 the year of great Love.

You Asked About It ...

Q. How much red do you need at the front door to attract attention and energy?

A. Ideally, the entire front door should be painted red or a shade of red. If this is not possible, add a red doormat, red wreath on the door, a red flag or windsock, red flowers/plants, or red flowerpot.

Product Special



The red Swarovski 30mm crystal is a wonderful energy booster. Hang it in the middle of the master bedroom to stimulate the energy of love and passion; hang it in the Fame Zone as a 'red' cure; hang it in the Prosperity or Love and Relationship Zones as a (secondary) colour cure. You could also hang it in any zone that needs a kick start ... Is one of your goals to get your career moving? Hang this powerful crystal in the Career and Life Path Zone. Is one of your 2006 goals to improve family relations? Hang it in the Family Zone. A Feng Shui crystal balances energy and a red Feng Shui crystal adds the energy of power and strength – the vibration of the colour red.

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Feng Shui and Spirituality (CRN 31058)	March 16, 23
Feng Shui for the Workplace (CRN 30811)	March 29, April 5
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